

# Faith Formation Annual Report 2022-2023

This annual report covers the lifespan faith formation program at the Unitarian Universalist Church of Nashua for 2022-23. This year's program included online adult faith formation programs, in person faith formation workshops and chapels services for children, weekly in person childcare during services, youth programs as well as our evening social events as well as wonderbox moments in worship.

**Budget:** The Faith Formation program operated with the following budget, exclusive of staffing expenses:

**Children & Youth Faith Formation:** \$ 3900    **Adult Faith Formation:** \$800    **Total Faith Formation Budget:** \$4700

## Children & Youth Faith Formation Program Notes for 2022-2023

### Faith Formation Associate Monthly Meetings & Volunteers

#### Faith Formation Associates:

*Megan Holmes, Amy Curran-Norton, Erica Agnew, Diane Wolfe, Lea Anne Atwell & Jess Woods*

Faith Formation Associates met monthly with faith formation staff, associates and children and youth program volunteers. Together those gathered reviewed learnings from the previous month's programs and brainstormed ideas for the next month's set of workshops, and chapel services. Director of Faith Formation Sadie Kahn-Greene runs the meetings.

### Faith Formation Curriculum for Children and Youth & some numbers

All of these offerings are guided by our congregational values, mission and first end statement, "Know our authentic Unitarian Universalist faith identity, teach it to our children, share it with others, and live it in the world." :

We had 38 families that signed up a total of 69 children to participate in faith formation this year.

We had 34 volunteers supporting children & youth faith formation in one way or another this year.

- Each week a new child or teen in faith formation was invited to light the chalice and open the wonder box. We had 39 young people participate in this way throughout the year.
- Children's Worship childcare room staffed by volunteers and young adult staff open every Sunday morning All year long! Except one Sunday during the summer, Between 4-10 little ones join in the room each Sunday
- We worked with 27 children & youth throughout the year to help record videos for use in worship
- Bi-Monthly Workshop Choices guided by the themes of the month. avg 20 students each Sunday
- Monthly mixed ages Children's chapel - 26 children attend these throughout the year - with about 10-15 kids each time.
- Coming of Age for 5 youth in 8th-10th grade: Oct-May
- 5th-6th grade Our Whole Lives for 8 students: Apr-June
- Padlet resource pages for families with resource for at-home faith formation created by the Director of Faith Formation
- Bridging conversations with Rev. Allison & Sadie for our 1 graduating high school senior

#### Workshop Choices

Twice a month we offered programming led by volunteers. Children in Pre-K through elementary have a choice of workshops that use one of our core values to explore a common theme each month. Children & volunteers (both teen & adult) start in the sanctuary, at 10am and then depart for their workshop that runs through 11:15. We had two choices each week. We always had a Wonder Workshop, our creative workshop that invites children to say "Wow!" and ask "How?" -it's Art Projects with a "wow factor". The other choice is often our Community Games Workshop. This choice offers a chance for children to play together. This is a workshop for children who like to move! Twice we offered Love in Action workshops with hands-on projects for children to join.

## **Crossing Paths**

This Wisdom of World Religions curriculum was offered as workshop choice twice a month for 5th-8th graders. Robin Trudel and Peggy Cardone used the Soul Matters Crossing Paths Curriculum. Together they explored Unitarian Universalism, Judaism, Islam and Hinduism. We were able to coordinate a visit for students to attend Temple Beth Abraham in October and we hosted a guest speaker to talk about Islam in February. This program ended early to allow for the Our Whole Lives program to get squeezed in at the end of year. We hope to explore more religious traditions of neighboring faiths in the years to come for this age group.

## **Our Whole Lives for 5th & 6th Graders**

We offered Our Whole Lives program sexuality education for grades 5th-6th for the first time at UU Nashua! In order to run the program, we needed trained facilitators and since there were no trainings in our region, we decided to host our own training here on March 17-19th in the parish house. We hosted 16 participants for the Elementary OWL training and 5 of our own UU Nashua volunteers and staff attended. We currently have Jessica Price, Paige Beauchimen, Lea Anne Atwell, Caro Barshow and Sadie Kahn-Greene trained. We hope to be able to recruit some men for the next OWL training. The program served 8 youth and their families, and was guided by 3 volunteer facilitators. Thank you to Jessica Price, Paige Beauchimen and Caro Barshow for guiding this group! Andy Straussberg and Paige also offered back up support as make-up sessions for youth who couldn't attend all the gatherings. Parents gathered for a lively conversation group to talk about the content and values being taught each session - this group met during most Monday evening sessions and Sundays after church.

## **Children's Worship Room**

We have 19 little ones registered for faith formation at UU Nashua who are in this age group of 0-5 years olds! Attendance in the children's worship childcare room often has 4-6 children with at most being 10 children. The only Sundays we didn't offer it was once during the summer when we didn't have care providers and one New Year's Eve when no kid attended. Other than those two Sundays this room was able to offer care with volunteer and occasional staff support. In this space they offer books, toys, simple crafts with lots of stickers and two or three caring volunteers. The following volunteers offered this nurturing care: Cindy Hudson, Adrienne George, Kathleen Griffis, Erica Agnew, Mary Holland, Camille Tremblay, Sarah Leshay & Jess Woods. This room has an option to join the worship service via zoom so the children and caregivers can hear the service. We have wonderful stories of the children gathering around the ipad screen to play church as they sit in their chair, with picture books as hymnals and baby dolls or stuffed animals on their laps as they go to church to listen to the music or the wonderbox moment. Our little ones have grown so much this year and many are building up confidence and comfort with the space, allowing their parents to attend the service. We plan to continue to staff this room throughout the summer and next year. We hope to hire a childcare assistant who can offer support to this class on a regular basis allowing the need for only one volunteer each week.

## **Children's Chapel Services returned this year!**

Prior to covid, chapel services were offered once a month for about 20-30 minutes before children would depart for classes. This year, the chapel time lasted the whole program-time from 9:55-11:15. This would use less volunteers and offer an alternative faith formation option that teaches worship elements to children and families once a month. The Director of Faith Formation planned and partnered with worship associates and families to lead the chapels together. Many parents attended along with their children during the first part of the year as children began attending chapels for the first time, and then less so as the year progressed. We found that in addition to having a worship associate join Sadie in co-leading, it was helpful to have a chapel assistant ready to assist with any children that needed extra support. Katie Durgin offered this support for Apr and May and we hope to continue this role through next year. Children's Chapel included: music, guided meditation, videos, sharing joys and sorrows and wonder box moments followed by worship projects for mixed-ages to do together. We found that this model works well for younger children, however, may be less engaging for older elementary & middle schoolers. Fewer older children attended these mixed ages programs as the year progressed. We plan to offer a children's chapel again during 2023-2024 and may look for more engaging ways to connect older children, with older kids break out groups and assistant roles.

## Faith Formation Programs & Volunteers the for Children & Youth by Month

Monthly Themes	September “Belonging”	October “Courage”	November “Change”	December “Wonder”	January “Finding our Center”
<b>Children’s Worship room Childcare</b> every Sunday	<i>Ongoing supportive care giving by: Cindy Hudson, Kathleen Griffiths, Erica Agnew, Mary Holland, Camille Tremblay, Sarah Leshay, Jess Woods And thank you to emergency substitutes - Priscilla Bernasconi &amp; Will Kahn-Greene</i>				
<b>Children’s Chapel Services</b> 1st Sundays		“Finding Courage” <i>Outdoor chapel w/ bubbles Led By Sadie, Emma Rearick &amp; Erica Agnew</i>	“We Notice Changes” <i>1st indoor children’s chapel since 2020! found object mandalas</i> Led by Sadie w/ Sonrisa O’Toole	“Solstice Chapel” <i>rehearsal for the UU Kids Solstice service.</i> Led by Sadie & Erica Agnew	“Love in Action” <i>prep for after church bag packing</i> Led by Sadie w/ Paul Introcaso
<b>Sunday Morning Workshops</b> 2nd & 3rd Sundays	<i>Wonder:</i> Crafting Wonderboxes of belongings w/ Diane Wolfe & Erica Agnew  <i>Courageous Community:</i> Building A place where we belong w/ Megan H & Amy C-N  <i>Crossing Paths for 5th-8th graders:</i> Exploring Unitarian Universalism w/ Robin & Peggy	<i>Wonder:</i> Making your mark with fingerprint art! w/ Erica Agnew & Lea Anne Atwell & Karen Murray  <i>Courageous Community:</i> Courageous Games w/ Megan Holmes & Victoria Agnew  <i>Crossing Paths for 5th-8th graders:</i> Exploring Judaism w/ Robin Trudel & Peggy Cardone	<i>Wonder:</i> Watercolors and our UU principles : what will change? w/ Diane Wolfe & Erica Agnew  <i>Courageous Community:</i> UU history escape rooms w/ Megan Holmes & Amy Curran-Norton  <i>Crossing Paths for 5th-8th graders:</i> Exploring Judaism w/ Robin Trudel & Peggy Cardone	<i>Wonder:</i> Costumes and Props for the solstice service w/ Diane Wolfe & Amy Curran-Norton  <i>Courageous Community:</i> Solstice Service Prep! w/ Erica Agnew & Lea Anne Atwell  <i>Love in Action for 5th-8th graders:</i> Helping sort the Holiday Gift bag collections! w/ Amanda Banner & Sarah Leshay	<i>Wonder:</i> Circle Art for the Art show w/ Diane Wolfe & Erica Agnew  <i>Courageous Community:</i> Finding our Center - balancing games! w/ Megan Holmes & Lea Anne Atwell  <i>Crossing Paths for 5th-8th graders:</i> Exploring Islam w/ Robin Trudel & Peggy Cardone
<b>Love in Action Projects</b>	<b>Little Free Farm Stand</b>	<b>Interfaith Crop Walk</b>	<b>Fall Leaf Clean up &amp; Collecting for the Meals on Wheels Holiday Program</b>	<b>Holiday Gift bags for NH Meals on Wheels Donation collection - we made 100 bags!</b>	<b>Collection for Community Bail Fund Resource Bags - we made 60 bags!</b>
<b>Coming of Age</b>		<b>Belonging</b> - My circles of influence, childhood self, w/ Sadie, Marissa Volpe & Caro Barschow	<b>Belonging</b> - Gift of Faith, Eldern’s Faith, S’mores Fire pit w/ Sadie, Caro, Marissa David Hudson & Sarah Leshay	<b>Belonging</b> - Privilege & White Supremacy Culture w/ Sadie, Marissa, & Rev. Allison	<b>Becoming</b> - Personal History, Making Cocoa Bombs! - Allyship, Cliques & Stereotypes w/ Sadie, Marissa , Caro & Rev. Allison
<b>All Ages Worship</b> 4th Sundays	<b>Water Communion</b>	<b>All Souls Service</b>	<b>Changing Climate Changing Lives</b>	<b>UU Kids Solstice Service</b>	<b>MLK Jr “Dreams Alive” Service</b>
<b>Hallway Rovers</b>	<b>Ongoing safety &amp; welcoming presence every Sunday morning in the halls provided by:</b> Jess Woods, Will Kahn-Greene, Allyson Jutras, Sarah Leshay, Amanda Banner, Lea Anne Atwell, Tiffany Holmes & Paul Cardone.				

**Faith Formation Programs & Volunteers the for Children & Youth by Month *cont.***

<b>Monthly Themes</b>	<b>February “Love”</b>	<b>March “Vulnerability”</b>	<b>April “Resistance”</b>	<b>May “Creativity”</b>	<b>June “Blessings”</b>
<b>Children’s Worship room Childcare</b> every Sunday	<i>Ongoing supportive care giving by: Cindy Hudson, Kathleen Griffis, Adrienne George, Erica Agnew, Mary Holland, Sarah Leshay, Jess Woods, and youth helper Anna Leshay, Victoria Agnew,</i>				
<b>Children’s Chapel Services</b> 1st Sundays	“Love in Action” <i>stop-motion heart videos</i> Led by Sadie w/ Michael Lahens	“Asking for Help” <i>clay &amp; videos</i> Led by Sadie & Katie Durgin -	“Building our Church together” <i>with lego</i> Led by Sadie w/ Pat Ladew & Katie Durgin	“Creativity - Making A new Way” <i>with reader’s theater</i> Led by Sadie w/ Pat Ladew & Katie Durgin	“End of Year Celebrations” Led by Sadie & Megan Holmes, Amy Curran
<b>Sunday Morning Workshops</b> 2nd & 3rd Sundays	<i>Wonder:</i> Love in Action Valentines w/ Diane Wolfe & Erica Agnew  <i>Courageous Community:</i> Love for Animals at Humane Society Shelter - w/ Lea Anne Atwell, Megan Holmes & Kris Grady  <i>Crossing Paths for 5th-8th grade:</i> Exploring Hinduism w/ Robin & Peggy	<i>Wonder:</i> Helping Each Other with Fabric Art! w/ Diane Wolfe & Erica Agnew  <i>Courageous Community:</i> Stone Soup & Team Work Games! w/Amy Curren & Sarah Leshay  <i>Crossing Paths for 5th-8th grade:</i> Exploring Hinduism w/ Robin Trudel & Peggy Cardone & Will Kahn-Greene	<i>Wonder:</i> Thank UU Art for the Art show w/ Diane Wolfe & Erica Agnew  <i>Courageous Community:</i> Planning for Lemonade Stand for capital campaign! w/ Megan Holmes & Jess Woods  <i>Crossing Paths for 5th-8th grade:</i> Exploring Islam w/ Robin Trudel & Peggy Cardone  <b>5th-6th graders start OWLS Classes!</b>	<i>Wonder:</i> Creativity Gardens w/ Diane Wolfe & Erica Agnew  <i>Courageous Community:</i> Creative Guessing Games w/ Megan H & Amy C  <i>Crossing Paths for 5th-8th graders:</i> Exploring Islam w/ Robin Trudel & Peggy Cardone  <b>5/6 OWL</b> program with Paige Bauchemin, Jessica Price & Caro Barschow	<i>Prek-5th grade Sunday morning workshops will return in September 2023!</i>  <b>5/6 OWL</b> with Paige Bauchemin, Jessica Price & Caro Barschow
<b>Special events</b>	<b>All Ages Pizza &amp; Game Night</b>	<b>We hosted a 30 hour elementary OWL training! March 16-19th!</b>	<b>After church Easter Egg Hunt! &amp; UU Kids Lemonade Stand &amp; Bake Sale</b>	<b>All Ages Potluck, Games &amp; Talent Show!</b>	<b>Church Picnic!</b>
<b>Coming of Age</b>	<b>Becoming -</b> Escape Room Trip. Social Media & Values w/ Sadie KG, Marissa V., Caro B. & Rev. Allison	<b>Beyond -</b> God & The Sacred, Credo part 1, Human Nature, w/ Sadie KG, Marissa., Caro, David H. & Rev. Allison	<b>Beyond -</b> Boston - Church & UU history tour, Credo writing retreat & worship planning! w/ Sadie, Marissa, Caro & Rev. Allison	<b>Beyond -</b> Finalizing Credo and COA service for May 21st! w/ Sadie, Marissa., Dave H. Caro & Rev. Allison	<b>Beyond -</b> Personal History, Authenticity & Making Cocoa Bombs! Allyship, Cliques & Stereotypes w/ Sadie, Marissa, Caro & Rev. Allison
<b>All Ages Service</b> 4th Sundays	<b>Be Good To Yourself</b>	<b>Spring Blossoms</b> seed planting ritual	<b>Easter Sunday w/ Child Dedications</b>	<b>Animal Blessings</b>	<b>Flower Communion Pride Service!</b>
<b>Hallway Rovers</b>	<b>Ongoing safety &amp; welcoming presence every Sunday morning in the halls provided by:</b> Jess Woods, Will Kahn-Greene, Allyson Jutras, Sarah Leshay, Amanda Banner, Lea Anne Atwell, Tiffany Holmes.				

# Adult Faith Formation in 2022-2023

Here are the Adult Faith Formation programs offered in 2022-2023 categorized to match the core Values of the Unitarian Universalist church of Nashua. Most of these programs were offered remotely through Zoom this year while more started to be offered indoors starting in January.

## 1. Adult Faith Formation : Love in Action

### **Widening the Circle:, Identifying and Responding to Racism Workshop**

Kathy Fletcher, Gillian Hinkle & Amanda Banner planned this as an in-person workshop to church leaders on Saturday October 29, 2022 from 9am - Noon. At the last minute we needed to pivot, due to covid exposures and illness so they offered the program on zoom, which resulted in 11 being able to attend, 4 more than the 7 that had previously signed up. We had hoped to reach more members with this training, and will likely offer something similar in the future as a training for church leaders as this was a goal that came from the Widening the Circle study group in Spring 2022.

### **Love in Action Switch it up Service in October offered two adults workshops and one multi-age workshop about Love in Action initiatives at UU Nashua**

- Multi-Age Love In Action Projects Past, Present & Future. w/ Sadie Kahn-Greene & Pat Ladew
- History of UU Nashua Outreach offerings w/ Kate Messner & Hillary Keating
- Host Home Network w/ Paul Introcaso
- Granite State Organizing Project w/ Bob Heating

### **30 Days of Love resources**

We shared the UU Side with Love annual 30 Days of Love curriculum and we prepared to offer weekly zoom meet ups led by Danielle Van Dussen & Harry Purkhiser. The zoom meet ups however, were not well attended, so they were not offered the whole month, but the resources were still shared.

### **Attending the MLK Jr Interfaith Worship Service**

Several church members sang in the interfaith choir for this service, and Harry Purkhiser offered carpooling for a small group to attend together. We had 4 children and at least 12 adults from UU Nashua in attendance.

---

## 2. Adult Faith Formation : Authentic Connection

### **Caring Circles with Rev. Allison Palm & Sadie Kahn-Greene**

This is a new program Rev. Allison started upon returning from her sabbatical. Each monthly gathering on Zoom offered space for support and sharing around the following life stages and transitions. This program will continue next year.

- January 17: Caregivers for Loved Ones
- February 21: Those Dealing with Divorce or Separation
- March 21: Parents of Teens & Young adults
- April 18: Parents of Young Children
- May 16: Those Dealing with Chronic Illness

The Caregivers for Loved ones group asked to continue and their group continued to meet every time in a breakout room with their own Caring Circle. Sadie and Marie Jones took turns leading the caregivers group.

**Covenant groups** We have 6 covenant groups led by church members who gather monthly to share and listen to one another while exploring readings and questions related to the worship theme of the month. Director of Faith Formation, Sadie Kahn-Greene, met monthly with covenant leaders Aug-May to review each upcoming session assembled by one of the covenant leaders based on the month's soul matters theme. Our group of leaders said goodbye to Karen Thomas who has been leading covenant groups for many years. Now that she's moved away from the Nashua area, it was time for her to wrap up her covenant leading here. We are grateful for all her time and energy she gave to supporting covenant groups at UU Nashua. We wish her all good things as she connects with a UU church closer to her new home. We also invited Paige Beauchemin into our group as a new leader eager to learn about and prepare to lead a new covenant group. Paige's group is not yet meeting, but we have 11 people signed up and they will decide if they want to start gathering this Summer or next fall. In an effort to grow our covenant groups and share about what it means to be in a covenant group, a few of our leaders will be working with Rev. Allison in leading a summer worship service on Aug. 27th to share more.

*Here are the covenant groups we offered this year.*

- **1st Wednesday Covenant Group is Now 2nd Monday Group**  
Karen Thomas began the year leading her group on 1st Wednesdays and asked for Cathy Guevarra to take over leading the group while she started the new 3 month covenant group. Cathy continued this group and was able to welcome some new and returning members and shift the gathering day to one that more could attend. Now the group has 7 members and meets at the church or on zoom every 3rd Monday.
- **1st Sunday Covenant Group**  
Bob Keating's group of 8 members continues to meet at member's homes or outside and rotates who facilitates each gathering's good discussion as has been their practice.
- **3rd Sunday Covenant Group**  
Laurie Goodman's Women's covenant group of 9 met both on zoom and in person this year, once they were hosted at the Huntington for a dinner and once this group hosted fellowship hour after church!
- **4th Sunday Covenant Group**  
Gail McMorro Donahue and Bob Coulter co-lead their group of 10 at Gail house on her porch on every 4th Sunday evenings.
- **4th Tuesday Huntington Group**  
Rev. Allison also leads one with elders at the Huntington in Nashua. Worship associates joined Laurie in leading this group during Rev. Allison's sabbatical.
- **New 3 month group- started but didn't continue**  
In an effort to welcome new covenant group participants, Karen Thomas started a 6 session covenant group that met online every other week in the fall. Unfortunately attendance was sporadic so this group did not continue, the winter was an incredibly busy time and many illnesses were still going around.
- **New Group - meeting time still TBD**  
Paige Beauchemin's new group is not yet meeting, but we have 11 people signed up and they will decide if they want to start gathering this Summer or next fall. This group consists of many newcomers and we look forward to helping them connect and meet one another!

### 3. Adult Faith Formation : Wonder

**Poetry As Spiritual Practice** This program led by Roy Goodman continued to meet every 4th Monday on zoom from most of the year. Roy leads the group in both writing and sharing poetry for their gatherings. Roy will run the group until June and then will take a break from leading. We are so grateful to Roy for offering this program for our members over the last 5 years! Plans are in the works to see if there is interest in another leader who wants to keep this group going.

**Spiritual Sharing Circle** Karen Campbell and Eileen Herring continued the group that they started last spring. This was a drop-in group that meets for one hour every first Wednesday at 7pm on zoom. As the months went by the groups got smaller and seemed to come to a point where it made sense to end the circles for now.

**Nashua Buddhist Meditation Group** Continued to gather Wednesday evenings at 7pm led by Sylvie Stewart this year and they continue to meet online.

**Worship Workshop.** Rev. Allison once again led this three-week class for Summer worship service leaders!

**“Faith Forward: From Visitor to Leader” Unitarian Universalist Curriculum.** We continued to use this curriculum described as a “a guided path for Unitarian Universalists to follow in their congregations, helping them navigate from building connections early on, to finding their sense of belonging as a member, to serving as a leader and boldly living their faith.”(faithforwarduu). Since this was the 3rd year subscriptions the renewal fee is \$250 for all these materials. Here is more information <https://faithforwarduu.org/about>. We used more of the programs in previous years, we still value the curriculum and plan to continue our membership and offer programs from this curriculum in the future.

#### **“Faith Forward: From Visitor to Leader” programs offered at UU Nashua in 2021-2022**

**UU Elevator Speech** -In January Caro led an in person day long workshop using this curriculum. We had 27 people attend and it was very well received. Several participants went on to share their elevator speeches as part of the welcome during Sunday morning services in the spring! We plan to offer this program again in the future.

**UU Theology** - as a faith forward congregation we had the opportunity for our members to enroll in this course that was led by First Unitarian Church in Dallas, TX. The class ran for 6 Wednesdays in Apr & May. We had 8 members from UU Nashua join the course. Hopefully there will be more opportunities for us to join their online classes in the future!

---

### 4. Adult Faith Formation : Courageous Community

#### **Elderberries UU Seniors Group Led by Tess George**

This group met for social events and connection throughout the year. A group email list was created for those interested in connection in these social events such art exhibits, picnics and nature walks. The group has about 40 members with around 10 or so attending each event. This summer the Elderberries will lead a summer worship service.

#### **Online Grief Group Led By Karen Campbell**

This is an online drop-in program that meets 2nd & 4th Wednesday 7-8pm during the church year and gathers for 4th Wednesdays during the summer. It is a consistent group for new and returning participants to connect and offer support during times of grief.

### **Young adult Group led by Tegan Cantrell & Sadie Kahn-Greene**

The group started rebuilding in January and planned twice a month check-ins for young adults in the church community. Gatherings had 3-5 participants and included walks around Nashua, games at the church, and a few outings included a trip to the currier museum and to the movies. We hope to grow this group in the next year.

### **UU Hikers Group**

This group didn't have a leader for hosting planning meetings after the group planned hikes for summer 2022. The plan for people to use an email list to offer hikes to the group only resulted in one lay-led hike by Fred, thank you Fred! Sadie hosted a UU Hikers conversation in May and where volunteers planned monthly hikes from May 2023-October 2023 as well as a summer one night camping trip!

- Robin Trudel hosted a walk in the Lowell-Dracut-Tyngsboro State Forest on Aug. 6th
- Kate Messner hosted a walk to Benson Park on July 9th
- Karen Murray hosted a hike to Mount Shaw on Aug. 13th
- Faith formation hosted a multigenerational walk in Mine Falls on Oct. 11th
- Fred Shirley led a hike to Andres Institute of Art on Jan. 7th
- Caitlin & Katie Durgin hosted a walk to Purgatory Falls on May 27th

---

## **Faith Formation Staff**

**Sadie Kahn-Greene, Director of Faith Formation**

### **Professional development/denominational activities**

- Professional Days and General Assembly on June 22-26, 2022
- Online LREDA "Faith Made Real" Fall conference Oct 12-16, 2022
- The Management Center's UUA-partnered training, "Managing to Change the World." on Feb. 6-7, 2023
- Elementary OWI training Mar. 17-19, 2023
- Pastoral Care Training for Religious Educators Jan 2023 - Apr. 2023
- Monthly Collegial conversation group over zoom facilitated by CB Beal
- Sadie plans to attend the UUA General Assembly online in in Pittsburgh in June 2023
- Ongoing reading of current materials, resources, articles and books relating to all ages of faith formation

### **Faith Formation Assistant**

We have not yet hired a new lead childcare provider or faith formation assistant and plan to do so soon with hopes they can start this summer. We have been able to staff childcare with amazing volunteers this year!



## Children and Youth 2023-2024

- Continue to offer workshops choices for elementary ages twice a month
- Continue to offer weekly children's worship room childcare
- Continue to offer children's chapel once a month
- Focus on Relationship building and service projects for the middle & high school youth to rebuild youth groups
- Offer Our Whole Lives for Kindergarten & 1st grades in fall 2023
- Offer Our Whole Livers for 4th-5th grades in Spring 2024
- Offer more all-ages games nights!

## Adult Faith Formation 2023-2024

As church life is starting to feel more as it felt since before this pandemic began, and our adult faith formation program which adapted to match the needs of pandemic church time, are ready to be re-examined again moving forward with the goal of offering more in-person options in addition to online offering people have become accustomed to. To get these new programs going and supported, the Director of Faith Formation will regather a group of adult volunteers to offer support and feedback in planning and assessing programs.

### Here are some of the program and new group ideas for next year.

- Start a mental health peer support group. We have a member with this expertise who would like to offer this.
- Start book discuss groups again
- Look into starting a Memory Cafe at UU Nashua for church and community members with memory concerns. We have members with this experience and we hope to partner with the Alzheimer's Association.
- Offer the Faith Forward curriculum "UU Biblical Literacy", "UU Root"
- Starting more covenant groups for members.
- Restarting monthly "Deeper Than Coffee" after church conversations with Rev. Allison
- End of Life Planning workshop series with Rev. Allison to be offered in the fall
- Interfaith Council plans to restart- open houses of worship next year. We could have groups to go for visits & then out for lunch after. (neighboring faiths for adults!)
- Hosting fun & fellowship events including more games names and possibly karaoke!
- Bringing back circle dinners!
- Coordinate new summer 1-night camping trip on Sat. Aug. 26th!

### Thank you!

Thank you for being such a wonder-filled community and for continuing the grace and support you have shown one another this year.

Respectfully Submitted,  
Sadie Kahn-Greene  
Director of Faith Formation